Chinese National Table Tennis Training Center

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Hebei Zhengding National Table Tennis Training Base
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(Chinese National Table Tennis Training Center www.cntttc.org)
General introduction:
Located in the famous historical cultural city Zhengding in Hebei Province, Hebei Zhengding National Table Tennis Training Base and Zhengding International Training Center of Chinese Table Tennis Association covers a total area of 26,800m2 with floor area of 17,000m2. It is co-built by General Administration of Sport of China and local Sports Bureau. Zhengding Base mainly undertakes the intensified closed training for China National Table Tennis Team preparing world-class games as well as the external communication of CTTA. Meanwhile, it also receives high level table tennis teams from other countries and districts to be trained here. Zhengding Base was developed from the table tennis team of the Liu village primary school of Zhengding County in early 1970's. In 1992, the Base received for the first time, the China National Women's Table Tennis Team led by the head coach Zhang Xielin for closed-in training. And in 1995, it was entitled "Zhengding International Training Center of Chinese Table Tennis Association" by the former State Physical Culture and Sports Commission. Since 1992, this Base has successively received China National Table Tennis Team for closed-in training before three sessions of Olympic Games, five sessions of World Table Tennis Champions and some other world tournaments. And they gained excellent results afterwards, totally captured 34 world champions, 11 Olympic gold medals and many silver and bronze medals. Thus it is renowned as "lucky place for China National Table Tennis Teams" and "cradle for table tennis world champions". In addition, this Base once undertook three Asian Youth Table Tennis Training Camps and some large-scaled national table tennis competitions.
The Zhengding Base has five departments: General Office, Training Department, Press and Publicity Department, Logistics Department and Capital Construction Department. General office is responsible for the overall management of the Base; Training Department is responsible for daily training and external communication; Press and Publicity Department is responsible for propaganda related affairs; Logistics Department is responsible for room and board; and Capital Construction Department is responsible for layout of the Base, maintenance, reconstruction and remedy for the facilities. In order to better satisfy the needs of high-level training and foreign exchanges, more than 20 million RMB were invested since 2002 for the building of a new training hall, rebuild of the dining hall and decorating of the fitness hall, sauna room etc.
Main facilities and auxiliary services:
There are table tennis training halls, table tennis exhibition hall, athletes' hostel, dining hall, teaching buildings etc.
in the Zhengding Base. The two training halls are capable of holding 170 people for training simultaneously. The facilities' average condition rate is 100% with 100% average usage rate and perennial occupation with more than 8 hours a day. The lighting system in the training halls also guarantees the regular training in the evenings. The technical equipment and facilities of the gym owned by the Base are up to the advanced level in China. The Base is equipped with one fitness training hall, one rehabilitation hall, together with one multi-functional hall used for athletes' relaxation and entertainment. In order to ensure the regular training qualities and help to improve the performances, professional licensed medical care doctors, a 7-people research group on scientific training and several senior table tennis coaches are available in Zhengding Base which may provide related excellent services on training, medical care and medical supervision.
Base environment:
Zhengding Town, where the Hebei Zhengding National Table Tennis Training Base and Zhengding International Training Center of Chinese Table Tennis Association located, is 260km away from Beijing

and 15km away from Shijiazhuang, the capital of Hebei Province. Beijing-Guangzhou railway, Shijiazhuang-Dezhou railway, G107 National Road and Beijing-Shenzhen Expressway all cross here. The transportation for Zhengding is convenient: it is 1km away from Zhengding inter-city bus station, 15km from railway station and 25km from Shijiazhuang International Airport. And it is only 15 minutes' ride from the Base to the airport via highway. Belonging to the continental monsoon warm temperate zone climate, the four seasons here is distinct with disparate winter and summer, centralized rainfall, obvious dry or humid period. There are pleasant climate, fresh air, and quiet environment. Famous Longxing Temple, Rongguofu Film and TV Production Base and many other tourist attractions are nearby. There is a special reception building with 200 beds in 110 rooms in Zhengding base with nice dining services which may satisfy different tastes. There are also 3-star and 4-star hotels like Jingxing Holiday Hotel, Guohao Hotel, Huayang Holiday Hotel, as well as hospital, post office, supermarket, cinema, entertainment club and other living and entertaining facilities around.
Lease services for training and competition:
Since 1992, Hebei Zhengding National Table Tennis Training Base has hosted the closed-in trainings of China National Table Tennis Team for 23 times, and it also received table tennis teams from other 32 countries and districts including Japan and Russia to train and carry out technical exchange here, as well as several international or domestic large-scaled table tennis training camps and competitions. There are several professional interpreters possessing both good English and Japanese knowledge and special understandings on table tennis. Together with experienced receptionists, Zhengding Base plans to provide more lease services for table tennis training and competition. At present, the Base may Receive about 200 people for training at one time. In the future, Zhengding Base will go on strengthening the infrastructure construction and improving the service quality to play a more active role in promoting the sport of table tennis worldwide and establishing extensive international communication and cooperation.
Venue: Hebei Zhengding National Table Tennis Training Base
Total land surface (10,000 sq. m): 2.68
Stadiums and Gyms: 2 indoors
Functions: Table tennis
Auxiliary services: Fitness training hall, rehabilitation hall, and multi-function hall
Logistics: Accommodation and dining for about 200 people
Weather conditions:
Belongs to the continental monsoon warm temperate zone climate; central heating system indoors in winter.

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