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Generated: 26 November, 2025, 15:10

About Eight Notes in Table Tennis Serve Technology Posted by frankleeli - 2010/06/04 02:25

- 1 Note serving action to comply with the rules
- 2 Note the direction of serving
- 3 Note serving direct score
- 4 Note the preparation of serving aggress
- 5 Note serving power
- 6 Note serving whirling
- 7 Note serving changes
- 8 Note serving innovation

Chinese national table tennis training center www.cntttc.org/